



**Schedule, Specifications,
Rules & Regulations**

2019 Hours of Operation*

BOARD OF DIRECTORS

President
Mark Sites

Vice President
Danius Barzdukas

Treasurer
Christopher Ogilvie

Secretary
Jim Davey

COMMITTEES

Activities
Laura Champe Mitchell
Barbara Foley

Membership
Emily Borders
Rebecca Traish

Operations
Pat Tierno
Michelle Mowery

Landscaping
Laura Wright
Emer O'Donovan

**Engineering &
Maintenance**
Joe Tripp

Communications
Lara Champe Mitchell
Barbara Foley

Swim Team
Emer O'Donovan

Members-at-Large
Mike Lyons
Tina Rafalovich

	Upper Pool	Lower Pool
<u>MAY 25 – JUNE 14</u>		
Weekdays	11 AM – 4 PM	4 PM – 9 PM
Weekends/Holidays	11 AM – 9 PM*	11 AM – 9 PM

* Upper Pool is adults only 11AM – 3 PM weekends and holidays

<u>JUNE 15 – SEPTEMBER 3</u>		
Weekdays	11 AM – 9 PM*	11 AM – 9 PM
Weekends	11 AM – 9 PM**	11 AM – 9 PM

* Tues/Thurs from June 16 – July 28, Upper Pool closes at 6:30 PM

** Upper Pool is adults only 11 AM – 3 PM weekends and holidays

The schedule is subject to change based on conditions of weather, facilities, or other reason. Membership will be notified of changes to regular hours.

Schedule of Events

Holmes Run Acres Recreation Association (HRARA) proudly supports the HRA Hurricanes' Swim Team of the Northern Virginia Swim League (NVSL.) There are various swim meets and other special swim team events held at this location during the swim team season until the end of July. These events will be posted on the bulletin board in the main bathhouse and at www.hrahurricanes.org.

Other **Schedules of Activities** and **Special Events** will be posted on-line at www.holmesrunpool.org, through email notices, and on the bulletin board in the main bathhouse.

HRARA Pool Management

The Board of Directors has delegated Continental Pools the responsibility of day to day management of the order, safety, and cleanliness in and around the pool area; supervision of operating staff; and enforcement of rules, regulations and fees established by the Board of Directors.

The Pool Manager or representatives are in charge of pool facility at all times.

The Pool Management staff will close the pool if necessary to conduct maintenance or to decontaminate the pool. At such times, the Pool Management staff will bar entrance to the pool enclosure.

GENERAL RULES AND REGULATIONS

The Board of Directors has established these rules and regulations for the benefit and protection of all members and guests, to ensure safe and sanitary operation of the pool facilities and adjacent areas, and to provide enjoyable recreation for the members of the club and their guests. The Board of Directors may establish additional rules or modify these rules.

Enforcement of Rules and Regulations

The Pool Manager and the Pool Management Staff have responsibility for enforcing the rules and regulations. All members and guests shall observe all rules, obey all pool staff instructions, and shall cooperate with the staff. Parents are responsible for their children and must make them aware of all rules and regulations. The Pool Management Staff has the authority to suspend pool privileges for the remainder of the swimming day and one full day thereafter. The Pool Manager may recommend to the Board of Directors, through the Director of Operations, suspensions for periods longer than one day. Members should refer grievances and complaints to the Director of Operations.

Identification and Admission to the Pool

The Membership Committee will provide the Pool Management staff with a roster of members and Pool Management staff will maintain the roster and admit persons whose names appear in the data bank. Members will verify that the information contained in the membership roster is accurate and provides the following information:

- A. Names and ID pictures* of all persons in the household and ages of children** only,
- B. Home address,
- C. Home, work, and emergency contact telephone numbers and e-mail addresses,
- D. Names and ID pictures* of chaperone/guardian/babysitters who are 13 years of age or older who have been given parental approval to accompany underage children* entering the pool area.
- E. The number of complementary guest passes remaining available to the member.
- F. Signed statement of having read rules and regulations and agreed to abide by the rules and regulations.

* Member and guest may opt to present a photo ID upon at the time of entrance to the facility

**Swimmers and non-swimmers who are 10 and under must be supervised by a parent or by a designated guardian at least 13 years of age or older.

Member parents and guardians may designate grandparents, older siblings, sitters, nannies, au pairs, and other adults to accompany their children to the pool in their absence. Such supervisory personnel have pool privileges provided they are registered according to the 2018 membership guidelines as the family's childcare provider/baby sitter, and only when accompanying those children. They must accompany the non-swimming child while in either the upper or lower pool.

To use the facilities without a parent or guardian supervising them, children between the ages of 11 and 17 and their parent/guardian must complete and sign a Code of Conduct/Emergency Contact Agreement.

Weapons of any type are not permitted on the HRARA grounds. The term "weapon" includes but is not limited to: firearms, airsoft guns, BB or pellet guns, and knives. Pocket knives that have a folding blade of less than three inches are permitted.

County regulations prohibit "animals, fowl, and pets" within the pool enclosure. This shall not apply to support animals, such as seeing-eye dogs, that provide assistance to physically challenged individuals. Support animals are allowed on the pool grounds and in the pool enclosures, but not in the pool water.

Access to the pool for handicapped or disabled persons can be provided through the gate at the bottom of the access road. Please notify the front desk of the need to enter through the gate.

Inclement Weather

At the sound of thunder, lifeguards in chairs should blow the whistle, announce thunder and oversee the clearing of the water, pool decks, and the pool grounds. **All members of the pool should go to their car to wait out the 30 minutes.** This is a significant change from past policy, where everyone could wait in the Upper Pool House or staircase to the parking lot. Any member who has walked to the pool and has no car for shelter should call for a ride home. Meanwhile, these individuals may wait in the Upper Pool House by the front desk for their ride. They are not to use the showers, due to threat of lightning.

If members are informed about the evacuation of the property and fail to cooperate by leaving, the guards are to ask their names and should inform the Operations Chair at the next opportunity. **Failing to follow instructions of the pool manager or guards is a violation of our Pool Rules.**

If thunder is heard again before the 30 minutes has gone by, the guard who hears it should announce "Thunder, 30 more minutes!" to any members still in the Upper Pool House.

For their own safety, guards should not be on the pool decks or grounds during a thunder delay.

During a rainstorm, the pools will be closed if the lifeguard cannot clearly see the bottom of the pool.

Behavior

Lewd behavior, loud, abusive, or profane language is prohibited. The Pool Manager may suspend privileges for repeated violations and will be supported by the Director of Operations. Lifeguards will enforce the following policy:

1. If there are 1 or 2 children creating a problem, the guard should blow the whistle and motion for the kid(s) to sit in the "time out" chairs by the life guard chair. If there is a second offense, the kid(s) must leave the pool deck and should only come back with their parent. If the kid(s) is unaccompanied at the pool, they must remain off the deck.
2. In the event that there are many children playing and things are becoming unmanageable, the guard in the chair should whistle for the "floater" guard to come to the pool deck. That guard should walk the deck and patrol the water & deck to single out individuals for safety/noise/behavior violations. At

the discretion of the guard, s/he may whistle and motion for offenders to leave the pool or even leave the deck.

3. In the rare event that the guard in the chair AND the floater guard patrolling the deck cannot manage the water and deck safety, the guard in the chair should blow the whistle, clear the pool, and clear the deck. The floater guard should make an announcement in the picnic area that the pool/deck are cleared for safety reasons, there will be a 10 minute break and then guards will readmit swimmers only who are accompanied by a parent.

All personal audio devices must be used with headphones. All public audio devices must be approved by the Activities Director.

Judicious use of alcoholic beverages is allowed. Individuals considered intoxicated will be refused access to the pool area or may be ejected from the facility.

USE OF HRARA FACILITIES

Decks, Picnic, and Patio Areas

Use of these areas is open to all for eating, socializing, recreation, and entertaining unless reserved for a private party.

The Pool Management Staff is authorized to rope-off areas for certain groups or activities.

Gas grills are available for member use and should be cleaned afterwards.

Renting Use of Decks and Facility

Members wishing to use any of the wooden decks and patios for parties of 10 or more people must make a reservation with the Activities Director at least two weeks in advance. Members will be required to submit a reservation form and a \$50.00 refundable deposit. The deposit will be refunded pending the acceptable cleanup of the reserved area.

The Activities Director will maintain a calendar listing all reservations and may set a limit of no more than three reservations on a particular day.

A group's reservation entitles it to the use of a wooden deck and one of the propane grills for the time specified. It does not restrict other members from using any grills or tables left unused by the group.

Guest Pass fees will be assessed for group party nonmembers at level listed on fee schedule.

The wooden decks will not be reserved beyond 8:30 P.M. (7:30 P.M. on school nights) to allow for timely clean up and departure by the participating group.

Pool picnic area and wooden decks and patios may be reserved for private parties past published closing hours with the approval of the board of directors through the Activities Director.

A lifeguard with a current pool operator's permit must be secured through the pool management company for the additional hours. The fees for the lifeguard will be the responsibility of the private party hosting the event.

The actions and conduct of all guests are the responsibility of the host. Misconduct of individuals in the party may result in the dismissal of the group.

Bathhouses

Playing or loitering in the bathhouses is prohibited.

The use of cell phones in bathhouses is prohibited.

Lawn and deck chairs and tables shall not obstruct free access to the bathhouse entrances and to the Pool Manager's office.

Parking and Driving

Members and guests shall drive slowly and carefully in the parking area. Pedestrians always have the right of way.

Members are requested to leave the pool area and parking lot promptly at closing time so that the Pool Management Staff may secure those areas.

Vehicle entrances to the parking lot or pool access road may not be blocked in order to allow access by emergency vehicles.

Loitering outside of the pool facility in the areas of the access road, parking lot, wooded areas, cell tower perimeter and enclosure is not permitted.

HRARA is not responsible for loss, theft, or damage to vehicles brought onto the facility.

Lost and Found

Neither the Association nor the Pool Management is responsible for the personal property of members or guests.

Lost and found articles can be posted on the appropriate bulletin board and on the HRARA web site.

An area for found articles has been designated in the main bathhouse.

Any articles deemed to be of significant monetary or personal value will be posted and will be kept secure and released to the owner only after sufficient proof of identification/description of article.

Unclaimed articles will be disposed of, at the Board's discretion, after notice has been posted.

POOL AREA RULES

A 10 minute rest period is observed every hour in the lap and main pools. Children under the age of 16 must exit the pool during this period. Children on break cannot have any body part in the pool.

When there are 15 or fewer swimmers in the pool, the rest period may be suspended at the discretion of pool management.

Should a lifeguard be required to leave his/her post, swimmers must exit the pool until the return of that lifeguard or of a replacement lifeguard.

Playgrounds and Toddler Pool

Parents or the appropriate guardian over 13 years of age must attend to children less than 6 years in the Toddler Pool and playground areas. There is no lifeguard on duty in the Toddler Pool area.

Children less than 6 years of age should be directly supervised by a parent or guardian while in the playground areas.

Children over the age of 6 years may not use the Toddler Pool or the Toddler Pool playground area.

Upper Pool

The Upper Pool is primarily arranged as a lap swimming pool.

The Upper Pool is for adults only (at least 16 years of age) on Saturdays and Sundays from 11:00am to 3:00pm. The Upper Pool will be available to both adults and children to enjoy at all other times that the pool has a scheduled lifeguard.

Lower Pool

Use of the Lower Pool is open to all members of the pool at all times. There are occasions when part(s) of the pool is reserved for a Swim Meet or Water Aerobics. Please refer to the most current Events Calendar for more information.

HEALTH AND SAFETY

The Pool Management Staff shall have the final and conclusive authority to enforce all matters relating to health and safety and may exclude any persons failing to observe health and safety rules.

Health Rules

A soap shower is required before entering the pool.

Swimmers returning to the pool from the lawn areas must use foot showers.

Any person having an obvious skin disease, nasal or ear discharge, inflamed eyes, diarrhea or other communicable disease shall be excluded from the pool area.

Spitting, spouting of water, blowing the nose, etc., into the pool or onto the pool deck are health violations and all are prohibited.

Fairfax County health regulations require that we close and disinfect any pool contaminated with human waste.

In all pools, infants and toddlers and incontinent adults must wear approved swim diapers or snug plastic pants under their swim suits. Diapers (cloth and disposable are prohibited). Complementary replacement swim diapers are available at the main bathhouse.

Families with infants and toddlers are encouraged to use the baby pool and to change diapers as frequently as is necessary to reduce the chance of an accident in the pools.

All injuries occurring on the premises must be immediately reported to the Pool Management Staff.

Smoking is restricted to designated areas of the parking lot and the areas outside the gates. Cigarette butts must be disposed in the appropriate containers.

Safety Rules

When weather, health, or safety conditions dictate that the pool area should be closed, the Pool Management Staff has the authority to close the pool and clear the pool area immediately (including the wooden decks, pool decks, and picnic area).

Only authorized persons are allowed in the filter rooms, chemical storage rooms, and manager's office.

HRARA abides by all Fairfax County Health Department regulations, including the provision which reads: Section 69.1-3-6. Food Service: Any person in the process of eating or drinking shall remain in an area designated for the consumption of food and drink. This area shall be at least ten feet from the swimming pool edge and enclosed by a fence or suitable barrier. Glass containers are not permitted in the pool area. Lawn and deck furniture belonging to the pool will remain in designated areas. A clear walkway will be maintained along the edge of the pool. (*Water Recreation Facilities Ordinance, Fairfax County, Virginia*)

No eating or drinking is permitted on any of the pool decks (cement areas immediately surrounding the pools). Under no circumstances may glass (including beer bottles) be brought onto any of the pool decks. In the event that any spilled food or drink is spotted, members are asked to notify a guard immediately so it can be cleaned.

No person shall use the pool until it is officially open and the lifeguard is on the pool deck or in the lifeguard stand.

Distraction of the guard on duty is not allowed.

Running, pushing, wrestling, causing undue disturbance, and boisterous or rough play in or about the pool area are prohibited. The Pool Management Staff, with support of the Director of Operations, shall suspend privileges for any infractions. (See Page 4: Behavior)

Only swimsuits are allowed in the pool. Exceptions to non-standard swimsuits may be made for religious or medical conditions.

A person who fails to demonstrate the ability to swim will be restricted to chest deep or shallower water.

Non-swimmers under the age of 6, or less than 4 feet tall, who use the lap or main pool, must be accompanied in the water by a parent or by a responsible person who must remain within an arm's reach of the non-swimmer child.

The use of approved life jackets, properly fitted and adjusted, may be permitted in the shallow end at the discretion of the Pool Management Staff. Lifeguards will check for proper fit and adjustment.

Masks (plastic or safety glass), fins and snorkels may be permitted provided the user demonstrates the ability to use them properly. Masks, goggles, floatation devices and toys are not permitted when diving from the diving board.

Aqua socks are permitted if put on at poolside.

Use of swimming aids (floats and rings with attached seats) is permitted provided parent/guardian of a child using these aids is in the pool within an arm's reach.

The following water play equipment can be used by pool patrons in the Lower Pool, if they are used safely and the enjoyment of the pool by others is not jeopardized by their use:

- Water "guns"
- Intact inflatable beach balls, soft or sponge rubber (Nerf-type) balls
- Approved poolside basketball, water polo, and water volleyball sets
- Noodles
- Rafts

(The use of any of these may be barred by the pool staff if used improperly.)

Tire tubes are never permitted anywhere in the pool.

Official league basketballs are never permitted in the pool. Their use is permitted only in the basketball court area.

Diving for objects is allowed at Management Staff discretion.

Where designated, lap lanes are to be used only by persons swimming laps or water walking.

Crossing the lap lane only with permission of the lifeguard.

Hanging or climbing on lane lines is prohibited.

Only one person is allowed on the ladder at a time.

All must enter or exit the pool by facing the wall.

No back dives, back jumps, or flips are allowed from the side of the pool.

Diving

The Pool Manager may close the diving board/s when the pool is crowded so that the membership and their guests may utilize a greater area of the pool for swimming.

Diving is permitted only in designated areas.

Only one person is permitted on a diving board.

Only one person is permitted on the diving board ladder.

When the boards are open, divers must quickly clear the area below the boards and proceed directly to and exit the pool from the nearest ladder. At these times, the only swimming that is permitted in the diving well is directly to a ladder.

No diving until the previous diver has cleared the area below the boards and has reached a ladder.

Diving is permitted only from the front of the board.

Boisterousness, rough play, cartwheels, and shoving on a diving board are not permitted at any time.

Only one bounce per dive is permitted. No running on the diving board is permitted.

Diving is prohibited wherever the depth of water is less than five feet with the exception of shallow racing dives by members of the swim team during training and meets.

Masks, goggles, floatation devices and toys are not permitted when diving from the diving board.

